

# Editorial

**Jorge Láins** | Presidente da Direcção | Sociedade Portuguesa de Medicina Física e de Reabilitação

The Portuguese Journal of Physical Medicine and Rehabilitation is a biannual scientific publication, first published in 1992, owned by the Portuguese Society of Physical and Rehabilitation Medicine (Sociedade Portuguesa de Medicina Física e de Reabilitação – SPMFR).

Since its creation (Lídia Ramalho as Director and João Páscoa Pinheiro as Chief-Editor) the Portuguese PRM Journal has a unique role in the dissemination of scientific work by colleagues and training of youngsters. An important center of affirmation of our specialty!

The current Direction of the SPMFR has taken up the challenge of indexing the Journal, with the valuable assistance of Helena Donato:

- The indexing of our Journal to the Medline requires that articles submitted for publication meet the rules of the International Committee of Medical Journal Editors: <http://www.icmje.org/>
- The layout of the Journal and the type of paper has been revised.
- Articles in English, Portuguese or French will be subject to a new review process, made by invited anonymous reviewers, experts in the respective themes.
- Have clearly defined the Aims & Scope.
- Publish a statement of Conflict of Interests in accordance with the recommendations in the Uniform requirements for manuscripts Submitted to Biomedical Journals: Writing and Editing for Biomedical Publication <http://www.icmje.org/icmje.pdf>

Following this aim, we have four new Editorial Offices:

- Chief Editor - Catarina Aguiar Branco
- Associate Editors - António Amaro, Carla Amaral, Cecília Vaz Pinto, Eduarda Afonso, Fernanda Filipe, Filipa Faria, Filipe Antunes, Jorge Caldas, Jorge Jacinto, Renato Nunes and Teresa Mirco
- Reviewers
- Editorial Board

The members of the Editorial Board are volunteers. The Editorial Board is composed of important and well known colleagues National and International from PRM and other specialties.

This Editorial Board will give advice on specific issues assisting the Chief Editor, but essentially, will collaborate as experts in scientific areas addressed in the articles of the Journal of SPMFR.

Finally, the indexing of our Journal represents the natural and necessary evolution, for growth and affirmation of our specialty. There is no change and development without effort. The publication of articles is dependent on their intrinsic quality. The deadlines will be strictly accomplished. The change require accuracy, support, acceptance and cooperation of us all, Portuguese PRM MDs.

This edition is the first step in a process that began more than one year ago and still will require time and effort. The greatest contribution of us all will be sending original papers.

*Jorge Láins*