Colaboração entre Sociedades Científicas e outras Instituições (Académicas, Públicas, Privadas): Parceria e Manuscritos; Inovação Científica e Empreendedorismo

Collaboration between Scientific Societies and other Institutions (Academic, Public, Private): Scientific Partnership and Manuscripts; Scientific Innovation and Entrepreneurship

Catarina Aguiar Branco⁽¹⁾

It is up to Scientific Societies in Medicine and Health, to:

- Promote the dissemination of their mission, values and objectives to the scientific community, civil society and official entities.
- Defend values, methodologies and evidence in Science, alongside the rights and interests of the patients and medical scientific knowledge;
- Promote the study and scientific research (basic and clinical), as well as clinical care practice and different interventions results evaluation, in their own area and in collaboration with other areas of knowledge and medical or health practice;
- Disseminate science and technical progress in their own areas or in related areas.
- Define cooperation strategies with other national and international scientific societies (from their own or other related areas);
- Cooperate with international organizations;
- Collaborate with official entities, including Health Authorities, the Medical Association, other professional and patient associations and private entities, within the scope of their objectives and actions, contributing to the strengthening of scientific, technical, cultural and professional relations between them all.
- Highlight, with these collaborations established with other scientific societies and other public and private entities, their social role (including clinical-technical information

for the patient, family, caregivers and for civil society in general);

- Organize scientific meetings, disseminate scientific manuscripts and opinion papers, elaborate research or clinical practice protocols, produce clinical-scientific *consensus*, contributing to science evolution, to the development of patient's classification systems and clinical and scientific records, to the advance and implementation of health metric assessment instruments for diagnosis and results evaluation, to create stimulating scientific awards;
- Improve the level of scientific and clinical qualification (theoretical and practical) of their associates, and indirectly of its own Scientific Society, as well as, of others;
- Establish scientific and clinical bridges among its associates, with the associates of other societies, or with members of other health official, public or private entities, making knowledge in different areas of Medicine (in particular), Health (in general) and in others related;
- Stand-in interdisciplinary technical-scientific growth.
- Support, scientifically, clinical management and intervention (in medical or in multi-professional, interdisciplinary, multidisciplinary teams in Health or in other related fields, as Engineering, Sport or Technological Design and Image);
- Create dynamic links of cooperation with Education Authorities (including educational institutions), not only in the context of scientific training and research activities,

⁽¹⁾ Portuguese Society of Physical and Rehabilitation Medicine (SPMFR) Journal Director Board SPMFR President

but also in the activities of establishing further standards of medical (and health) education, clinical and technical guidance.

In the pursuit of these objectives, and regardless of the particular object of each Scientific Society, the creation of direct collaborations between the different scientific societies is justified; aiming values and objectives potentiation, common strategies and the creation of synergies between those.

In these scientific collaborating strategies and pathways, we have to include Scientific Partnerships, Innovation, Entrepreneurship and Manuscripts production.

In times of change, renewal and updating, *Innovation and Entrepreneurship* present themselves as an alternative " *path*" or a continuum in the "path" traveled before, that associated with high quality Scientific Education and Health Services, are a relevant contribution to the development of Education and Science and even to Health Systems evolution and sustainability.

Innovation and Entrepreneurship are part of (pro)activity, diligence, determination, audacity, versatility and assertiveness, in the diversity of experiences, differentiation and specialization; in the perception and recognition of the moment and in the short term needs; in attitude, commitment and resilience; in the humility of those who have a strategic global vision, respecting the mission and guiding values, creating very categorized acts and activities, more value-added, including in the inter-institutional relations between scientific societies and in interdisciplinary scientific production.

Closely linked to Health, Research and Scientific Manuscripts, new Techniques and Technologies, Diagnostic and Therapeutic Solutions and the responsibility awareness of implementing the "Right to Health Protection", Innovation (transformational and translational) responds to the need for high standards of excellence in quality and safety in the provision of scientific and health care growth and progress, adapted to the requirements and needs of the patient, pathologies, health conditions and health systems, but, specially contributing in a very significant way to the quality of life improvement. Undertaking the decision to start a new process or conceive something different (with added value, cost-opportunity and effectiveness in Science and Health), it requires to know the needs of patients and to assume the risks of its realization, aiming at the reward of technicalscientific-organizational satisfaction and development.

Entrepreneurship often brings together people with common affinities and synergies in different interventions, with diversified skills and competences, creating networks of interests and improving practices and personal and institutional inter-collaboration, being important for the development of projects, strategies and consequently, when justified, decisions and policies.

Physical and Rehabilitation Medicine, as a Medical Specialty and as included in a Health Care Area, and by the intrinsic definition of Rehabilitation, its potential, the multiple challenges it stances, its cost-effectiveness and its functional repercussion in patient's and citizen's activity and participation (either with permanent or transient deficits and limitations), should attract more interest for Technical, Technological, Scientific Partnership, Innovation and Entrepreneurship areas, as well as, Economic-financial investment on those.

PRM Physicians and Trainees should be aware of the importance of inter Scientific Societies and other institutions (academic, public, private) collaborations and partnerships, as well as Scientific Innovation and Entrepreneurship, in order to produce more scientific knowledge, to support our (best) clinical practices, in favor of the patient and of a Health System patient centered.

As Director of the Portuguese Society of Physical and Rehabilitation Medicine Journal (SPMFR Journal), I do ask to our Colleagues (PRM Physicians and Trainees) to strengthen the specialty with scientific production in Clinical Science (and even in Basic one), at PRM Services, in partnerships with other institutions, in inter and multidisciplinary team work.

The growth of SPMFR Journal also depends on these scientific production and innovation, undertaken an interdisciplinary, robust and timely processes of peer review.

I do thank Dr. Renato Nunes (Previous Editor-in-Chief of SPMFR Journal), who recently ceased his duties, for all his work, as well as the contributions of the Editorial Board, Editors and Reviewers.

I thank Dr. Inês Campos, who now assumes the role of Editor-in-Chief of the SPMFR Journal, for her willingness to hold this position and participate in the changes and evolution of the Journal (that will be soon announced).

I thank all those, who have published in SPMFR Journal, requesting the continuation of their interest and also the important invitation to publish in English, a condition also facilitating the process in progress for indexing to Pubmed.

Growing SPMFR Journal, it makes us rise (scientifically and from the point of view of PRM specialty and PRM Health Area knowledge), in the Scientific, Academic and Institutional Communities, as in Society in General.