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Physical and Rehabilitation Medicine (PRM) cross-section feature (or transversality) is clear for the specialty and its health area; transversality to other medical and surgical health areas, pathologies, injuries, health states and various types and levels of health care. This cross-sectional transversality and the individualities of the medical specialty of PRM, its health area and the patients to whom it provides care are denoted in its holistic characteristics; in the implicit clinical and functional diagnosis for acute, subacute and chronic patients; in the evaluation of functionality, activity and participation, with its goals settings; in the multiprofessional, multidisciplinary rehabilitation work(force), coordinated by a PRM physician (Physiatrist) and in interdisciplinarity; in the association between clinics and techniques - technology; in clinical and functional metric assessment; in the evolution and adjustment of Patient's Individual Plan and PRM rehabilitation programs; in the continuum of PRM health care.

The development of knowledge, continuous training, skills and competences, innovation, research and care projects are evident and decisive in Medicine and Health, for better safety, quality and care delivery.

The impact of and the needs for PRM and its health area have been defended by several national and international entities, for many years, as by the World Health Organization (WHO). Highlight for the WHO project and documents named "Rehabilitation 2030 - A plan for action". The absence or poor planning and performance of PRM health care have repercussions on patient's clinic, functionality, activity, participation, health status (overall) with social and health management costs.

The production of scientific work and studies (in its various dimensions) progresses and consolidates knowledge; can allow (often) the translation of basic and clinical sciences to the clinics; develops and disseminates its areas of activity and results to its peers, other health professionals, society and decision-makers.

The scientific publication in PRM is a supporter of the transmission of knowledge, information, state of the art, evolution and provision of care. The publication in Portuguese and in English allows target audience extension and future opinions and experiences exchanges between health professionals. This Portuguese Society of PRM (SPMFR) Journal edition shows the above mentioned, with diversity and appropriateness of the themes, promoting clinical and scientific activity and its dissemination.

In this SPMFR Journal Edition, we have to highlight the simultaneously holding, for the first time, of the International, European and National Congresses: 16th ISPRM Congress. 23rdESPRM Congress and the 22nd SPMFR Congress; to be held in Lisbon, Congress Center, from July 3 to 7, 2022, with SPMFR being the host scientific society. The importance of the event, the responsibility in its organization, its global and regional structure, the timeliness of its realization (including the presential modality) is demonstrated in the number of participants, keynote lectures, scientific sessions and works to be presented in these congresses. SPMFR and the International Organizing Committee wishes that the ISPRM/ESPRM/SPMFR 2022 Congresses will be a place of knowledge and scientific exchange, new trends in PRM, fruitful meetings among all participants (health professionals and others), innovative networks of knowledge and work, but also national and international state of the art dissemination to the clinical and scientific communities, to society in general and to decision-makers.