## **Editorial**

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The Portuguese Society of Physical and Rehabilitation Medicine has initiated, in the last number of the Portuguese Journal of Physical and Rehabilitation Medicine (vol. 17, n° 1, 17), the challenging process of indexing its Journal. This process is simultaneously technical and scientific, and involves both Editors, Reviewers, Editorial Board and Authors.

The "scientific production" enriches medical personal knowledge, allows the specialties development and strengthens a Scientific Society. The encouragement to "scientific production" should be stimulated by Medical and Scientific Institutions, its Members, namely in the innovation, quest and scientific presentation fields, through research; clinical analysis and discussion; ethical, philosophical and social studies development in the biomedical and health areas; critical revisions about the most present medical themes; statistic studies presentations and/or methods and procedures evaluations; clinical studies or study cases discussions.

Impartiality, objectivity, lack of bias or conflict interests in Medical and Scientific Institutions relating to subjects and authors are crucial factors concerning reliability, veracity and scientific clearness.

It is Institutions responsibility to motivate and to create the sufficient and necessary conditions to "scientific production", which implies also publication in its Medical Specialty Journals (or related ones), so that this can be assumed and completely accepted as scientific knowledge.

Portuguese Journal of Physical and Rehabilitation Medicine distinguishes the importance of Medical and Scientific Institutions, directly or indirectly correlated to Physiatry in its pre-graduated and pos-graduated trainings and research plus in practical or clinical experimental fields related to motivating and executing all the conditions to "scientific production".

The acceptance, review and correction of a scientific article, previous to its publication, it's a slow process that denotes the technical and scientific responsibilities, as well as the capacities of the Editor-in-Chief, Associated Editors, Reviewers, Members of the Editorial Board and Authors.

Reviewing parameters, based in an analysis system, structured in a functional plan, associated to reliability, veracity and scientific clearness plus lack of bias and conflict interests, are essential in validating an article, defining its contribution, relevance and impact to scientific knowledge. As Institutions motivate its Members to "scientific production", they should be conscientious of all this parameters concerning articles validation and contribute (directly or indirectly) to its implementation.

The Portuguese Society of Physical and Rehabilitation Medicine desires "scientif production" in our Specialty to be gradually increased. Among other events, we have already organized in June 2009, at Quinta da Boeira, an educational session on "How to write a scientific article", conducted by our Technical Consultant Helena Donato.

Any doubts about the *Organization of a Scientific Article*, related to the interest of its publication, list of themes, objectives and structure can be sent to <u>catarinabranco@mccb.pt</u> and <u>spmfr@spmfr.org</u>. For more information about article submission rules please consult *Uniform Requirements for Manuscripts Submitted to Biomedical Journals International Committee of Medical Journal Editors* in <u>www.ICMJE.org</u>

The Portuguese Journal of Physical and Rehabilitation Medicine, as it has being doing in the last years, enhances the great importance of presenting scientific works in National and International Physical and Rehabilitation Medicine Congresses (or in other related Specialties Congresses) and its posterior publication.

So, the Board of the Portuguese Society of Physical and Rehabilitation Medicine (SPMFR) appeals all its Associates to participate in the *XI National SPMFR Congress, from 11 to 13 March 2010, in Porto (Hotel Porto Palácio*). Themain theme will be "Osteoartrosis", although there will be simultaneously a large varity of other interesting themes to Trainees and Physiatrists, distributed in conferences, workshops and others sessions.

In this Congress, national and international Lectures will be presented, and we would like to call attention for the presences of Prof. Alain Delarque, John Kanis e J-Y Reginster. For more information, please visit <a href="www.spmfr210.org">www.spmfr210.org</a>. It will be again an opportunity to meet and actualize scientific data in Physical and Rehabilitation Medicine. We will also have a more active participation of other Specialties, Associations and Scientific Societies (as Associação Portuguesa de Médicos de Clínica Geral, Sociedade Portuguesa de Menopausa, Sociedade Portuguesa de Ortopedia e Traumatologia, Sociedade Portuguesa de Reumatologia, Sociedade Portuguesa de Osteoporose e Doenças Ósseas Metabólicas), as well as its Members, with the enriching experiences exchange between these different Specialties. Scientific papers can be presented in our Congress by all Specialties participating in it. As in the last Congresses we will be counting on our Associates large participation!

The Board of the Portuguese Society of Physical and Rehabilitation Medicine needs and wishes that all the Portuguese Physiatrists and Trainees of our Specialty to be our Associates and to participate actively in our organizations. The Colleagues that don't want to be inscribed or to accomplish their duties as Members of SPMFR, can no longer belong, with total rights advantages, to our Society.

Do please pay attention to an information document attached to this Journal about this subject.

The Board of the Portuguese Society of Physical and Rehabilitation Medicine Wishes all a Happy Christmas and a New Year 2010, with all the best personal and professional achievements.

Catarina Aguiar Branco