

A Revista da SPMFR: História Breve e Fases de Indexação

The Scientific Journal of the Portuguese Society of Physical and Rehabilitation Medicine (SPMFR Journal): Its Brief History and Indexation Stages

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The Scientific Journal of the Portuguese Society of Physical and Rehabilitation Medicine (SPMFR Journal) has been created in 1992, by the Portuguese Society of Physical and Rehabilitation Medicine (SPMFR).

Its founders were three Physical Medicine and Rehabilitation (PRM) Doctors: Dr^a Lídia Ramalho (SPMFR President at that time and first Journal SPMFR Director), Dr. Raul Maia e Silva (SPMFR Vice-President) and Professor Doutor João Páscoa Pinheiro (first SPMFR Journal Editor-in-Chief).

The second Editor-in-Chief was Dr. Pedro Cantista, with Professor Doutor João Páscoa Pinheiro as SPMFR Journal Director, from 1998 to 2000.

The third Editor-in-Chief was Dr^a Catarina Aguiar Branco, with SPMFR Journal Directors Dr. Pedro Cantista from 2001 to 2007 and Dr. Jorge Lains from 2007 to 2013.

The Technical Editor was Dr^a Eduarda Mesquita.

It was the single official SPMFR Journal (as it has been till nowadays); a biannually publication, in portuguese language (with its scientific abstracts, in Portuguese, English and French) and in paper print.

SPMFR Journal main mission was to be an information vehicle in Portugal about "Physical and Rehabilitation Medicine (PRM) State of Art", through publication of scientific papers by the PRM doctors, as well as, a mean of PRM Trainee's education. SPMFR Journal was addressed to all Medical Doctors, sent to all SPMFR Associated Members and to various Portuguese Medical Societies.

It received more than hundred fifty scientific papers (originals, revisions and clinical cases), opinion papers and editorials from PRM Specialists and Trainees or from other medical specialities doctors, as journal

contributors.

It was support by SPMFR Associated Members quotas and various sponsorships that allowed the Journal to be always financially autonomous sustained.

During its first 16 years, SPMFR Journal was an important agglutination mean to all PRM Doctors, a very important way of diffusion and statement of our Speciality, what is sustained till now.

Since 2009, in order to adequate SPMFR Journal to other National and International Medical Journals patterns; to initiate an independent scientific process arbitrage (Peer Review) of the manuscripts (articles, papers); to follow publication contents, editorial work, organization and production quality, as well as, SPMFR Journal mission, aims and scopes accomplishment, it has suffered a relevant transformation.

These large changes have comprised many steps as:

- re-nomination of the Official Editor (SPMFR), its official address contact and Journal title ("Revista da Sociedade Portuguesa de Medicina Física e de Reabilitação"; Portuguese Journal of Physical and Rehabilitation Medicine).
- re-definition of the publication periodicity (twice a year).
- attribution of the "official" Journal Register, with ISSN (0872-9204).
- information about the legal Journal Deposit (296279/09).
- re-definition of its aims and scopes, mainly in medical and biomedical areas, allowing scientific papers publication by PRM Specialists and Trainees; Educational development and formation; PRM

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Doctors agglutination; diffusion and statement of our Speciality "State of Art".

- designation of its audience to all Medical Doctors (PRM and other specialities), as well as other health professionals with interests in PRM area.
- adoption of an editorial policy according to *Editorial Policy Statement do Council of Science Editors* recommendations.
- institution of its official languages: Portuguese, English and French.
- remaking of the editorial team (with its respective affiliation descriptions), which involved the creation of an Associated Editors group (and nominated Reviewers), a Scientific Editorial Board, a Technical Consultant, a Technical Editor and an Editor-in-Chief; five different editorial functions, with well regulated editorial definitions and attributions.
- maintenance of the SPMFR Journal Director, with proper functions settlement.
- institution and description of the different types of articles allowed to be published and their organization (original article, revision article, clinical cases, opinion articles, editorials, letters to the Editor, consensus articles...).
- obligatory use of the *Uniform Requirements for Manuscripts Submitted to Biomedical Journals*.
- presentation of SPMFR Journal Publication Rules and Instructions to Authors when submitting manuscripts, accomplishment those to the *International Committee of Medical Journal Editors (ICMJE) Uniform Requirement* (<http://www.icmje.org>); these rules and instructions are published in the SPMFR Journal (in journal paper print and in the SPMFR website at spmfrjournal.org).
- mandatory publication of the scientific papers titles and abstracts in portuguese and english.
- inclusion in the scientific manuscripts of key-words in portuguese and english, using the MeSH (*Medical Subjects Headings da NLM*).
- Interests Conflict Declaration definition and its accomplishment according to *Uniform Requirements Manuscripts – Biomedical Journals - SPMFR Journal Conflict of Interests.doc* (<http://www.icmje.org>).
- Authors Confidentially Criterion execution.
- Informant Consent publication, in reference to manuscripts contents, whenever that is justified, in accordance with *Uniform Requirements Manuscripts – Biomedical Journals - SPMFR Journal Conflict of Interests.doc* (<http://www.icmje.org>).
- Human and Animal Rights Declaration publication in accordance with *Uniform Requirements Manuscripts – Biomedical Journals- SPMFR Journal – Human and Animal Righths.doc* (<http://www.icmje.org>).
- creation of an Authors Copyright Interests Official SPMFR Journal Document.
- new graphic conception, with Journal Layout normalization (ISO 8-1977; ISO 18-1981).
- *Peer Review* definition and description applied to all scientific papers submitted to publication, showing the several editorial stages for scientific evaluation and revision managing and its contents quality, namely regarding scientific merit (primordial to subject evaluation), originality, importance, objectivity, credibility and knowledge validity presented and their scientific contributions to the (bio)medical subject area(s) exposed in the article.
- the editorial work quality statement through information of papers selection process, papers rejection and acceptance taxes, peer review (internal and external), declaration of adhesion and technical proceedings, potential conflicts authors interests declaration, errors correction with *errata* publication, established and executed editorial rules and acid-free paper printing publication.
- the establishment of a number of scientific manuscripts per journal, minimum of six and maximum of nine.
- the settlement connection between peer review process and technical editorial review, primordial mean to quality production, stand out for example, in paper print, layout, graphics, illustrations and images.
- renew concerns to journal scientific quality, editorial print, regularity and punctuality in publication.
- a new review after journal publication, pretending errors findings.
- information about the responsible entity for the journal print.
- maintenance of journal delivery to all SPMFR

Associated Members, to several Portuguese Medical Scientific Societies and health institutions.

- diffusing different types of journal financial supports, as SPMFR Associated. Members quotas, sponsorships or others (including those to Authors, which have to be published).
- URL creation (linked to SPMFR Website, in Portuguese and English languages).
- prior SPMFR Journals online publication (in SPMFR Website).

In the last months, an Engineer in collaboration with SPMFR Journal Technical Consultant, Technical Editor, Editor-in-Chief and Director have been developing and adapting a platform to be applied to SPMFR Website, so that briefly scientific papers submission and peer review will be done on line and their publications will be on open access in Internet.

Also, recently some indexation proceedings determinate scientific papers reviewing passage from "double blinded" to "single blinded".

SPMFR Journal renewal and accomplishment of all the prior requirements designed consented, during these four years, SPMFR Journal indexation to several scientific recognized institutions.

SPMFR Journal is now:

1. in the Portuguese Medical Journals Index (www.indexrmp.com)
2. indexed to Scielo
3. in ICMJE site (<http://www.icmje.org>)
4. in RCAAP – Scientific Repository of Open Access (www.rcaap.pt)
5. in OASIS (www.oasis.br)
6. in Knowledge Library Online "Biblioteca do Conhecimento On line" (www.b-on.pt)
5. in the European Journal of PRM Network
6. with scientific patronage of International Society of Physical and Rehabilitation Society (ISPRM)
7. in an integrating process to Open Journal Systems, transiting to Open Access in a dual language system (Portuguese and English)

SPMFR Journal is:

- in a submission indexation candidature process to PubMedCentral and to Medline.

Final thanks:

- to former SPMFR Journal Director, Dr. Jorge Lains (SPMFR President 2007-1013), for the given impelling force to SPMFR Journal renewal and its indexation.
- to Dr^a Helena Donato, SPMFR Journal Technical Consultant, for the orientation and knowledge transmitted, which permitted all the prior requirements described to be succeed in order to the renewal of our Journal and its candidature to different recognized scientific institutions indexation.
- to Dr^a Maria João Carvalho, SPMFR Journal Technical Editor for all the work developed in technical and production quality improvement.
- to all the Associated Editors, Reviewers and Members of the Scientific Editorial Board who participated in the Peer Review process of the scientific papers submitted to publication in our Journal.
- to all Authors (with their various articles typologies), opinion articles and editorials, who when submitting and publishing in SPMFR Journal allowed its scientific growth.

Finally, my best successful wishes to the new Editor-In-Chief, Dr. Renato Nunes.